

PKU Anamix First Spoon



Description

A low volume, semi-solid (spoonable), very low phenylalanine, amino acid-based, powdered protein substitute, containing essential and non-essential amino acids, carbohydrate, vitamins, minerals and trace elements, supplemented with the long chain polyunsaturated fatty acids (LCPUFAs).



PHENYLKETONURIA - PKU Anamix First Spoon

Nutrition Information	Per 100g Powder	Per 12.5g Powder
Energy kJ	1377	168
kcal	324	41
Protein equivalent g	40.0	5.0
Carbohydrate g	38.4	4.8
as sugars g	26.2	3.3
Fat g	1.2	0.15
of which DHA mg	209	26
of which ARA mg	209	26
Fibre, dietary g	nil added	
Vitamins		
Vitamin A µg RE	1196	150
IU	3983	498
Vitamin D3 µg	26.4	3.3
IU	1056	132
Vitamin E mg-α-TE	14.2	1.8
IU	21.2	2.7
Vitamin C mg	150	18.8
Vitamin K1 µg	114	14.3
Thiamin mg	1.5	0.19
Riboflavin mg	1.5	0.19
Niacin mg	6.8	0.85
mg NE	22.8	2.9
Vitamin B6 mg	1.5	0.19
Folic acid µg	168	21.0
Vitamin B12 µg	3.7	0.46
Biotin µg	55.6	7.0
Pantothenic acid mg	8.4	1.1
Choline mg	278	34.8
Myo-inositol mg	299	37.4
Minerals		
Sodium mg	416	52.0
mmol	18.1	2.3
Potassium mg	1048	131
mmol	26.8	3.4
Chloride mg	640	80.0
mmol	18.0	2.3
Calcium mg	1252	157
mmol	31.2	3.9
Phosphorus mg	916	115
mmol	29.5	3.7
Magnesium mg	176	22.0
mmol	7.2	0.91
Calcium : Phosphorus	1.4	
Trace elements		
Iron mg	24.8	3.1
Copper µg	1300	163
Zinc mg	17.6	2.2
Manganese mg	1.3	0.16
Iodine µg	254	31.8
Molybdenum µg	36.8	4.6
Selenium µg	47.2	5.9
Chromium µg	42.0	5.3
Presentation		
12.5g sachets		



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Indications

For use in the dietary management of proven Phenylketonuria (PKU), from the age of six months to five years.

Precautions

Must only be used under medical supervision. Not suitable for parenteral use. This product should not be used as a sole source of protein but must be given in conjunction with a protein source, e.g. breast milk, proprietary infant formula or additional sources of protein to supply the phenylalanine, fluid and general nutrition requirements of the infant/child in quantities as prescribed by a clinician or dietitian. Only intended for use with patients with PKU.

Preparation and administration

The dosage should be determined by a clinician or dietitian only, and is dependent on age, body weight, and medical condition of the patient. The suggested serving size is 10ml of water plus a 12.5g sachet. The consistency of the product can be altered by adding more or less water as required. It is recommended that cooled, boiled water be used when preparing the product for patients under the age of one year.

THE HEALTH OF YOUR CHILD DEPENDS ON CAREFULLY FOLLOWING THE DIRECTIONS FOR PREPARATION AND USE. INCORRECT PREPARATION CAN MAKE YOUR CHILD ILL.

1. Wash hands thoroughly and clean the preparation area.
2. Pour the prescribed amount of powder into a clean bowl.
3. Gradually add the required amount of water whilst stirring with a clean feeding spoon. Mix until thickened, this may take several minutes. To alter the consistency add more or less water as required.

Important Notice: The product should be prepared immediately prior to feeding and any remaining should be discarded if not used within one hour.

Storage

Store unopened sachets in a cool, dry place. Opened sachets should be stored in an airtight container and used within 24 hours.

Ingredients

Sugar, L-arginine L-aspartate, dried glucose syrup, L-leucine, L-lysine acetate, L-tyrosine, cornflour, modified starch (E1422), L-glutamine, L-proline, calcium phosphate tribasic, L-valine, L-glycine, L-isoleucine, L-threonine, L-serine, L-histidine, L-alanine, potassium chloride, L-cystine, disodium hydrogen phosphate, L-tryptophan, tripotassium citrate, choline bitartrate, L-methionine, magnesium acetate, magnesium L-aspartate, high arachidonic acid single cell vegetable oil, high docosahexaenoic acid single cell vegetable oil, M-inositol, L-ascorbic acid, sodium caseinate (from cow's milk), refined vegetable oil (sunflower), sodium ascorbate, ferrous sulphate, taurine, zinc sulphate, emulsifier (E471, soya lecithin), L-carnitine, DL-alpha tocopheryl acetate, calcium D-pantothenate, nicotinamide, manganese sulphate, copper sulphate, thiamine, hydrochloride, pyridoxine hydrochloride, riboflavin, vitamin A acetate, antioxidants (E304, E306), potassium iodide, chromium chloride, folic acid, vitamin K1, sodium selenite, sodium molybdate, D-biotin, vitamin D3, cyanocobalamin.